

Sabbath

Worksheet at Tables: Tick or colour the things you do when you have a friend visiting?

Ask: What do you do when your friends come over?

Ask: Are there things you wouldn't do when you have a friend visiting?

Say: After Jesus had created the beautiful world and a special garden home for Adam and Eve, He enjoyed visiting with them. Today we are learning how Jesus wants to visit us too.

Bible Story

Sing Songs

Return to tables

Memory Verse: Each table say the memory verse together.

Say: This term we are going to create magnet worlds. Each week we will make more magnets. We will keep them in a book here, DO NOT DRAW ON THE BOOK, and at the end of the term you can take the magnets home and put them on your fridge. (WE KEEP THE BOOK FOR NEXT TIME)

Craft: Magnet book

- Church – colour in and stick a magnet on the back

Discuss the following depending on age, interest and time:

Does your family have anything special you do for Sabbath? (Special food, clothes, places etc.)

Do you do anything different on Friday to get ready for Sabbath? (Cleaning, hair washing etc)

What is the best Sabbath you have ever had?

What do you like about Sabbath?

What are some things you like to do on Sabbath?

Discuss: Does Sabbath ever seem boring to you? What could you do to make it more interesting, and to help you learn more about God or His creation at the same time?

Say: Jesus wants to have a special visit with us every Sabbath. He wants us to take a break from our normal stuff and spend time with Him.

Say / Ask: Imagine that you could really see Jesus – like the people in my story – what are some things that you often do, but you wouldn't do on the day that Jesus is visiting.

Ask: What are some things that you think Jesus would like to do with you?

Say: To day we have a special card to give you with some ideas of what you can do on Sabbath. Over the next few weeks we will give you more cards to add to it. Put your name on the blank card. You can either take it home now or leave it in your book until you collect all the cards.

Handout: The Sabbath Ideas cards

Finish with Prayer: Thank God for creating a special day so that we can take a break and spend time with Him every week.